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An Attitude of Gratitude

“Be Thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never have enough!” -Oprah Winfrey

This quote represents a law of life that I think many people should pay more attention to: “Be thankful for what you have instead of wishing you had more.” There needs to be more appreciation shown toward things such as family and liberty because some people are not fortunate enough to have them. Being thankful gives me a better feeling because I am not always disappointed and wishing for more. Instead, I feel very pleased and blessed with what I already have.

I can find reasons to be thankful everyday and anywhere. For instance, on vacation in Miami my family and I walked out of a restaurant after eating a good dinner to find homeless people digging their meals out of trash cans. This made me realize how important my family is to me. I am very privileged to have someone that loves and supports me, and will always make sure I have food, water, and shelter. Some people are not lucky enough to have someone to care for them. I am so grateful that my family will always be there for me.

Something not often thought of in our country is freedom. “It is easy to take liberty for granted when you have never had it taken from you.” -Dick Cheney. Right now there are people starving, suffering, and living a hard life in other countries. Just imagine being told what religion to follow, what can and cannot be said, and not having any say in the way the government is run. I have never had to live my life like that but try not to forget the fact that our country worked hard for its freedom, and it is possible that one day we will not have it anymore.

Keep in mind the next time instead of complaining about something you don’t have, imagine all of the less fortunate people out there. Life will be more enjoyable if you remember this simple law of life, “Be thankful for what you have instead of wishing you had more.”